


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
(3) - 3RD FLOOR (4) - 4TH FLOOR BLUE: OFF THE UNIT RED: SPECIAL EVENTS/PARTIES GREEN: ARTS/CRAFTS ORANGE: FOOD CREATIONS PURPLE: EXERCISE ACTIVITIES EXT 4723 EMAIL : mcuactivities@theoaksofclearwater.com	OAKS AMENITIES LOCATIONS ♦ COFFEE BAR, VERANDA, GARDEN (1) ♦ BEAUTY SHOP (6) ♦ LIBRARY (10) ♦ PUZZLE TABLES (12) ♦ POKER TABLES (13) ♦ POOL TABLES (14) ♦ DARTS (15)	NEW! NEW! NEW! ZEN Moments W/ Brigitte 11/27 Indoor Walking Group Daily at 3:00p See Leslie for Details	HAPPY BIRTHDAY Rosemarie R. 11/16 Betty Y. 11/18	THANKFUL TREE CREATION November 19 at 9:30a 	1. 9:30 SIT AND BE FIT 10:00 SCENIC BUS RIDE/ OUTING 10:00 U-TUBE MUSIC VIDEOS 11:30 TABLE ACTIVITIES W/ STAFF 2:00 MANICURES W/ LESLIE 2:30 COFFEE CART 3:00 BOWLING W/ LYNESE 5:30 TRIVIA W/ LYNESE 6:30 GOLFING W/ LYNESE	2. 9:30 YOUTUBE EXERCISE - CHAIR YOGA 10:00 BINGO 10:30 TEA & COOKIES 1:30 Pictionary-GUESS WHAT IM DRAWING 2:30 REFRESHMENTS 3:00 STAFF CHAT, "FAMILIES" 4:00 MOVIE PICK SATURDAY
3. 9:30 YOUTUBE EXERCISE, CHAIR YOGA 10:30 REFRESHMENTS W/ STAFF 11:00 ADULT COLORING 1:30 Pictionary 2:30 DAZZLING DIVA NAILS 3:30 FANCY FINGERS W/ LYNESE 5:00 BALLOON VOLLEY BALL W/ LYNESE 6:00 THE OAKS CHURCH SERVICE HUGH BULLOCK (A)	4. NATIONAL CANDY DAY 9:30 EXERCISE - CORN HOLE 10:30 REFRESHMENTS W/ STAFF 10:00 STAFF CHOCOLATE TASTE TEST 1:30 CREATIVE CRAFT / COLORING 2:30 BINGO 3:00 WALKING GROUP 3:00 ARTS & CRAFTS W/ LYNESE 5:00 VOLLEY BALL W/ LYNESE 6:00 LOBBY CONCERT (L)	5. 9:30 SEATED EXERCISE 10:00 BOWLING 10:30 COFFEE CART 1:30 CARDS IN THE CENTER 2:30 ICE CREAM SOCIAL 3:00 WALKING GROUP 3:30 COFFEE SOCIAL 3:30 NETFLIX 6:00 SUNSET ON VERANDA	6. 9:45 STRENGTH TRAINING W/ DOROTHY (A) 10:30 BOWLING 11:00 SING A LONG W/ LESLIE 1:00 FRISBEE BASKETBALL 2:00 COFFEE SOCIAL 3:00 WALKING GROUP 3:30 NETFLIX & REFRESHMENTS 4:00 HAND MESSAGE 6:00 MOVIE HOUR	7. 9:30 CATHOLIC COMMUNION (3&4) 10:00 COOKING "BREAKFAST SANDWICHES" 11:30 RECIPE TRIVIA 1:30 BOWLING 2:30 CREATIVE CRAFT W/ LYNESE 3:00 WALKING GROUP 3:30 NETFLIX & POPCORN 6:00 CARDS IN THE CENTER 6:00 MOVIE TIME	8. 9:30 YOUTUBE EXERCISE - TAI CHI 10:00 SCENIC BUS RIDE/ OUTING 10:00 COLOR ART W/ STAFF 1:30 BINGO FOR PRIZES 2:30 HAPPY HOUR, "WINE" & CHEESE 3:00 JEWELRY MAKING W/ LYNESE 3:00 WALKING GROUP 4:00 MEMORY GAMES W/ LYNESE 6:00 GOLF W/ LYNESE	9. GREEK YOGURT DAY 9:30 YOUTUBE EXERCISE - CHAIR YOGA 10:00 BINGO 1:00 JIGSAW PUZZLES 1:30 ADULT COLORING W/ STAFF 2:30 GREEK YOGURT 3:00 WATERFRONT STROLL W/ STAFF 3:00 WALKING GROUP 4:00 MOVIE PICK SATURDAY
10. 9:30 YOUTUBE EXERCISE, CHAIR YOGA 10:30 REFRESHMENTS W/ STAFF 11:00 SING A LONG 1:30 Pictionary 2:30 DAZZLING DIVA NAILS(4) 3:30 CREATIVE COLORING W/ LYNESE 6:00 THE OAKS CHURCH SERVICE ST. BRENDAN'S CHURCH (A)	11. VETERANS DAY 9:30 EXERCISE TO SONGS OF FREEDOM 10:00 ERIC K. CONCERT-"WAVE YOUR FLAG" 11:00 TOP GOLF 2:00 VETERAN'S DAY HONORS (L) 3:00 COFFEE SOCIAL 3:00 ARTS & CRAFTS W/ LYNESE, PATRIOTIC 5:00 SING A LONG W/ LYNESE 6:00 LOBBY CONCERT(L)	12. 9:30 SIT & BE FIT 10:00 BINGO W/ PRIZES 1:30 HAND MESSAGE & EYEGLOSS WASHING 2:30 MANICURES 3:00 WALKING GROUP 3:00 COFFEE SOCIAL 2:30 PLAYING FOR CHANGE 3:30 NETFLIX MOVIE TIME	13. 9:30 SEATED EXERCISE 10:00 NOODLE BALL 11:00 CORNHOLE W/ DOROTHY (L) 1:00 CERAMICS W/ KEN 2:00 BIRTHDAY PARTY (L) 2:30 MEMORY GARDEN 3:00 DAZZLING DIVA NAILS 6:00 STAFF CHAT	14. NATIONAL PICKLE DAY 9:30 CATHOLIC COMMUNION (3&4) 10:30 CRAIG B. CONCERT 1:30 LUCKY DOG 1:30 PICKLE TASTE TEST 2:00 SIT & BE FIT 4:00 NETFLIX & REFRESHMENTS W/ STAFF 6:00 MEMORY GARDEN	15. 9:30 CHAIR AEROBICS 10:00 SCENIC BUS RIDE/ OUTING 10:00 PLAYING FOR CHANGE MUSIC VIDEOS 1:30 BINGO FOR PRIZES 2:30 COFFEE CART W/LESLIE 3:00 WALKING GROUP 3:00 JEWELRY MAKING W/ LYNESE 4:00 TRIVIA W/ LYNESE	16. 9:30 YOU TUBE EXERCISE - CHAIR YOGA 10:00 PUZZLES, JENGA, AND MAGAZINES 10:30 TEA & COOKIES 1:30 MANICURES 3:00 WALKING GROUP 3:30 REFRESHMENTS 4:00 MOVIE PICK SATURDAY
17. 9:30 YOUTUBE EXERCISE, CHAIR YOGA 10:30 REFRESHMENTS W/ STAFF 11:00 SING A LONG 2:30 DAZZLING DIVA NAILS(4) 3:30 CREATIVE COLORING W/ LYNESE 5:00 BAKING W/ LYNESE 6:00 THE OAKS CHURCH SERVICE W/ REV ROGER RAYBURN (A)	18. 9:30 SEATED EXERCISE 10:00 COOKING W/ LESLIE "MEUSLI" 11:00 TOP GOLF 1:30 THANKFUL TREE 3:00 COFFEE HOUR 3:00 ARTS & CRAFTS W/ LYNESE 6:00 LOBBY CONCERT(L)	19. BIRTHDAY PARTY 9:30 SIT AND BE FIT 9:30 THANKFUL TREE CREATION 1:30 BINGO 2:30 WALKING GROUP 3:00 BIRTHDAY CONCERT W/ DIANA H. CAKE AND ICE CREAM 6:00 SUNSET ON VERANDA	20. 9:45 STRENGTH TRAINING W/ DOROTHY (A) 10:30 HAND MESSAGE & EYEGLOSS WASHING 11:00 CORNHOLE W/ DOROTHY (A) 11:00 FRISBEE BASKETBALL 3:00 WALKING GROUP 3:30 NETFLIX & REFRESHMENTS 4:00 MANICURES	21. 9:30 CATHOLIC COMMUNION (3&4) 10:00 SIT AND BE FIT 11:00 BOWLING 1:30 MEMORY MILES GAME 2:30 COFFEE CART 3:00 WALKING GROUP 3:30 NETFLIX & REFRESHMENTS W/ STAFF 4:00 ADULT COLORING W/ STAFF	22. 9:30 SIT & BE FIT 10:00 SCENIC BUS RIDE/ OUTING 10:00 PLAYING FOR CHANGE MUSIC VIDEO 1:30 PAINTING W/ JOHN C 2:30 "MOCKTAILS" AND CHEESE PLATTER 3:00 JEWELRY MAKING W/ LYNESE 5:30 MEMORY GAMES W/ LYNESE 6:30 BAKING W/ LYNESE	23. 9:30 CHAIR AEROBICS 10:00 BINGO 10:30 TEA & COOKIES 1:30 ADULT COLORING 2:30 REFRESHMENTS 3:00 WALKING GROUP 4:00 MOVIE PICK SATURDAY
24. 9:30 SEATED EXERCISE 10:30 REFRESHMENTS W/ STAFF 11:00 SING A LONG 1:30 MAGAZINE CHAT W/ STAFF 2:30 DAZZLING DIVA NAILS(4) 5:00 VOLLEY BALL W/ LYNESE 6:00 THE OAKS CHURCH SERVICE W/ REV ROGER RAYBURN (A)	25. 9:30 EXERCISE - CORN HOLE 10:30 MEMORY GARDEN 11:00 TOP GOLF 1:30 CREATIVE CRAFT / COLORING 2:30 BINGO 3:00 WALKING GROUP W/ LYNESE 5:00 SING A LONG 6:00 LOBBY CONCERT(L)	26. 9:30 CHAIR AEROBICS 10:30 CRAIG B. CONCERT 11:30 MANICURES W/ LESLIE 1:00 WAL-MART TRIP 1:30 BOWLING 2:30 COFFEE CART 3:00 WALKING GROUP 3:30 NETFLIX & REFRESHMENTS W/ STAFF 6:00 SUNSET ON VERANDA	27. 9:30 SIT AND BE FIT 10:30 ZEN MOMENTS W/ BRIGITTE 11:00 CORNHOLE W/ DOROTHY (A) 11:00 SING A LONG W/ TIM (3) 1:00 CERAMICS 3:00 WALKING GROUP 3:30 NETFLIX & REFRESHMENTS W/ STAFF	28. THANKSGIVING 9:30 EXERCISE VIDEO 10:00 FAMILY VISITS 10:00 COUNTING OUR BLESSINGS 11:30 BOWLING 2:30 CREATIVE CRAFT / COLORING 3:00 WALKING GROUP 3:30 NETFLIX & REFRESHMENTS W/ STAFF 4:00 MOVIE PICK THURSDAY	29. 9:30 YOUTUBE EXERCISE - TAI CHI 10:00 SCENIC BUS RIDE/ OUTING 10:00 CONCERT W/ ERIC K.(3) 11:30 REFRESHMENTS W/ STAFF 1:30 BINGO 3:00 WALKING GROUP 5:30 MEMORY GAMES W/ LYNESE 6:30 ICE CREAM SOCIAL W/ LYNESE	30. LEMON CREAM PIE DAY 9:30 SEATED EXERCISE 10:00 WORD SEARCH 11:00 LEMON CREAM PIE SNACK 1:30 PLAYING FOR CHANGE VIDEOS 3:00 COFFEE CART W/ SNACKS 3:00 WALKING GROUP 3:45 STAFF CHAT