

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|--|---|---|--|---|
| <p>L: Main Lobby A: Auditorium Number: Floor MD: Main Dining Room BR: Bay Room **Activities Office: 607 Email: actdir@clearwateroaks.org Ext: 4788</p> | <p>Trips: please sign up in sign up sheets (located under lobby TV) Red: Entertainment, Events, Manager's Series, Seminars Purple: Exercise Pink: Vendor Blue: Movies, and Technology</p> | | | | <p>1 HAPPY NEW YEAR!</p> <p>10:00 YARN AND BUTTONS 1:00 RING TOSS 3:00 WALKING GROUP 6:00 MOVIE AND POPCORN</p> | <p>2</p> <p>9:30 YOUTUBE EXERCISE - CHAIR YOGA 10:00 REFRESHMENTS & SNACKS W/ STAFF 11:00 CREATIVE COLORING W/ STAFF 1:30 BOARD GAMES W/ STAFF 2:30 COFFEE & TEA SOCIAL W/ STAFF 3:00 BINGO W/ STAFF 4:00 MOVIE PICK SATURDAY</p> |
| <p>3</p> <p>9:30 YOUTUBE EXERCISE, CHAIR YOGA 10:30 REFRESHMENTS W/ STAFF 1:00 BOARD GAMES W/ STAFF 1:30 CREATE A WORD 2:00 RESIDENTS CHOICE 3:30 SUNDAES W/ STAFF 5:00 BALLOON VOLLEY BALL W/ LYNESE 6:00 THE OAKS CHURCH SERVICE (A)</p> | <p>4</p> <p>9:30 NOODLE BALL 10:00 REFRESHMENTS & SNACKS W/ STAFF 10:30 WALKING GROUP 1:30 CROCHET W/ STAFF 2:00 FACETIME W/ FAMILIES 3RD FLOOR 3:00 ARTS & CRAFTS 6:00 RESIDENTS CHOICE</p> | <p>5</p> <p>9:30 MORNING EXERCISE 10:00 REFRESHMENTS & SNACKS W/ STAFF 10:30 CARDS, GAMES 1:30 MANICURES W/ STAFF 2:00 HAPPY HOUR 4TH FLOOR 2:00 COFFEE & TEA SOCIAL W/ STAFF 6:00 RESIDENT CHOICE</p> | <p>6</p> <p>9:00 FOOT DOCTOR 9:30 NOODLE BALL 10:00 REFRESHMENTS & SNACKS W/ STAFF 1:30 GROOVIN' TO THE 60'S & 70'S 2:00 COFFEE & TEA SOCIAL W/ STAFF 3:00 WALKING GROUP 4:00 MOVIE TIME 6:00 NETFLIX & REFRESHMENTS</p> | <p>7</p> <p>9:30 BIBLE TIME W/ STAFF 10:00 REFRESHMENTS & SNACKS W/ STAFF 10:30 WALKING GROUP 1:30 BINGO W/ STAFF 2:00 FACETIME W/ FAMILIES 4TH FLOOR 3:00 MEMORY GAMES W/ STAFF 4:00 MOVIE AND POPCORN 6:00 ADULT COLORING W/ STAFF</p> | <p>8</p> <p>9:30 CHAIR EXERCISE 10:00 REFRESHMENTS & SNACKS W/ STAFF 10:30 WALKING GROUP 1:30 BINGO FOR PRIZES 2:00 COFFEE & TEA SOCIAL W/ STAFF 2:00 HAPPY HOUR 3RD FLOOR 3:00 JEWELRY MAKING 4:00 RESIDENT CHOICE 6:00 ARTS AND CRAFTS</p> | <p>9</p> <p>9:30 YOUTUBE EXERCISE - CHAIR YOGA 10:00 REFRESHMENTS & SNACKS W/ STAFF 1:00 BINGO FOR PRIZES 1:30 CREATIVE PAINTING W/ STAFF 2:00 COFFEE & TEA SOCIAL W/ STAFF 3:00 NAILS W/ STAFF 3:00 WALKING GROUP 4:00 MOVIE PICK SATURDAY 6:00 SING-A-LONG WITH DAN (A)</p> |
| <p>10</p> <p>9:30 YOUTUBE EXERCISE, CHAIR YOGA 10:30 REFRESHMENTS W/ STAFF 1:30 RESIDENT CHOICE 2:30 MAKE CARDS FOR THE NURSES 3:30 CREATIVE COLORING W/ STAFF 6:00 COFFEE AND DONUTS W/ STAFF 6:00 THE OAKS CHURCH SERVICE (A)</p> | <p>11</p> <p>9:30 SEATED EXERCISE 10:00 REFRESHMENTS & SNACKS W/ STAFF 10:30 BINGO FOR PRIZES 1:30 TRIP TO THE LIBRARY (10) 2:00 FACETIME W/ FAMILIES 3RD FLOOR 3:30 JEWELRY MAKING 5:00 RESIDENT CHOICE 6:00 LIVE ENTERTAINMENT (L)</p> | <p>12</p> <p>9:30 MORNING EXERCISE 10:00 WALK TO GARDEN/PATIO 1:30 GARDEN TIME 3:30 MEMORY GAMES W/ STAFF 5:00 CREATIVE COLORING 6:00 RESIDENT CHOICE</p> | <p>13</p> <p>9:30 SEATED EXERCISE 10:00 REFRESHMENTS & SNACKS W/ STAFF 11:00 CORNHOLE W/ DOROTHY (L) 1:30 PAINTING 2:00 COFFEE & TEA SOCIAL W/ STAFF 4:00 SING A LONG</p> | <p>14</p> <p>9:30 COMMUNION & BLESSINGS (3&4) 10:00 REFRESHMENTS & SNACKS W/ STAFF 10:30 TRIP TO THE LIBRARY 1:30 LUCKY DOG 2:00 FACETIME W/FAMILIES 4TH FLOOR 3:00 WALK TO GARDEN/PATIO 4:00 NETFLIX & REFRESHMENTS W/ STAFF 6:00 MEMORY GARDEN</p> | <p>15</p> <p>9:30 MORNING EXERCISE 10:00 REFRESHMENTS & SNACKS W/ STAFF 10:00 NAILS W/STAFF 1:30 BINGO FOR PRIZES 2:00 HAPPY HOUR 3RD FLOOR 3:00 ARTS & CRAFTS 4:00 MOVIE TIME</p> | <p>16</p> <p>9:30 YOU TUBE EXERCISE - CHAIR YOGA 10:00 CREATE A WORD W/ STAFF 10:30 COFFEE & TEA SOCIAL W/ STAFF 1:30 MANICURES 2:00 REFRESHMENTS & SNACKS W/ STAFF 3:00 WALKING TO GARDEN/PATIO 4:00 MOVIE PICK SATURDAY 6:00 SING-A-LONG WITH DAN (A)</p> |
| <p>17</p> <p>9:30 YOUTUBE EXERCISE, CHAIR YOGA 10:00 REFRESHMENTS & SNACKS W/ STAFF 1:30 RESIDENT CHOICE 2:00 PRICE IS RIGHT W/ STAFF 3:30 ARTS AND CRAFTS W/ STAFF 4:00 MOVIE OF CHOICE 6:00 THE OAKS CHURCH SERVICE (A)</p> | <p>18</p> <p>9:30 SEATED EXERCISE 10:00 REFRESHMENTS & SNACKS W/ STAFF 11:00 CURRENT EVENTS/MAGAZINE CHAT 1:30 CROCHETING W/ STAFF 2:00 FACETIME W/ FAMILIES 3RD FLOOR 2:30 KAVONA CHOICE 3:00 ARTS & CRAFTS 6:00 CREATIVE PAINTING</p> | <p>19</p> <p>9:30 SIT AND BE FIT 10:00 PRIZE BINGO-4TH 1:00 CREATE A WORD W/ STAFF 2:00 HAPPY HOUR 4TH FLOOR 3:00 COFFEE & TEA SOCIAL W/ STAFF 3:30 WALKING GROUP 6:00 RESIDENT CHOICE</p> | <p>20</p> <p>9:00 FOOT DOCTOR 9:30 SEATED EXERCISE 10:00 REFRESHMENTS & SNACKS W/ STAFF 11:00 CORNHOLE W/ DOROTHY (L) 1:30 CREATE A WORD 2:00 ICE CREAM SOCIAL (3) (BANANA SPLITS) 3:30 COFFEE SOCIAL 4:00 MANICURES W/ STAFF</p> | <p>21</p> <p>10:00 REFRESHMENTS & SNACKS W/ STAFF 11:00 COFFEE SOCIAL 2:00 FACETIME W/ FAMILIES 4TH FLOOR 2:00 COFFEE & TEA SOCIAL W/ STAFF 3:00 HANGMAN 4:00 LUCKY DOG W/ STAFF 6:00 RESIDENT CHOICE</p> | <p>22</p> <p>9:30 STAYING FIT W/STAFF 10:00 REFRESHMENTS & SNACKS W/ STAFF 1:30 LUCKY DOG W/ STAFF 2:00 HAPPY HOUR 3RD FLOOR 2:00 COFFEE & TEA SOCIAL W/ STAFF 6:00 MEMORY GAMES</p> | <p>23</p> <p>9:30 NOODLE BALL 10:00 REFRESHMENTS & SNACKS W/ STAFF 1:30 MANICURES W/ STAFF 1:30 CREATIVE COLORING 3:00 WALKING TO GARDEN/PATIO 4:00 MOVIE PICK SATURDAY</p> |
| <p>24</p> <p>9:30 SEATED EXERCISE 10:00 REFRESHMENTS & SNACKS W/ STAFF 11:00 CREATE A WORD 2:30 FAMILIAR THINGS W/ STAFF 5:00 VOLLEY BALL W/ STAFF 6:00 THE OAKS CHURCH SERVICE (A)</p> | <p>25</p> <p>9:30 MORNING EXERCISE 10:00 REFRESHMENTS & SNACKS W/ STAFF 10:30 WALK TO MEMORY GARDEN 1:30 CROCHETING W/ STAFF 2:00 FACETIME W/ FAMILIES 3RD FLOOR 2:30 KAVONA CHOICE 3:00 ROOT BEER FLOATS 3:30 ARTS AND CRAFTS W/ KAVONA</p> | <p>26</p> <p>9:30 SIT AND BE FIT 10:00 PRIZE BINGO-4TH 1:00 CREATE A WORD W/ STAFF 2:00 HAPPY HOUR 4TH FLOOR 3:30 WALKING GROUP 3:00 COFFEE SOCIAL 6:00 RESIDENT CHOICE</p> | <p>27</p> <p>9:30 SEATED EXERCISE 10:00 REFRESHMENTS & SNACKS W/ STAFF 11:00 CORNHOLE W/ DOROTHY (L) 1:30 CREATE A WORD 2:00 ICE CREAM SOCIAL (4) (ROOT BEER FLOATS) 3:30 COFFEE SOCIAL 4:00 MANICURES W/ STAFF</p> | <p>28</p> <p>9:30 COMMUNION & BLESSINGS (3&4) 10:00 REFRESHMENTS & SNACKS W/ STAFF 11:00 COFFEE SOCIAL 2:00 FACETIME W/ FAMILIES 4TH FLOOR 3:00 HANGMAN 4:00 LUCKY DOG W/ STAFF 6:00 RESIDENT CHOICE</p> | <p>29</p> <p>9:30 MORNING EXERCISE 10:00 REFRESHMENTS & SNACKS W/ STAFF 10:30 WALK TO MEMORY GARDEN 1:30 CROCHETING W/ STAFF 2:00 FACETIME W/ FAMILIES 3RD FLOOR 2:30 KAVONA CHOICE 3:00 ROOT BEER FLOATS 3:30 ARTS AND CRAFTS</p> | <p>30</p> <p>9:30 MORNING EXERCISE 10:00 WALK TO GARDEN/PATIO 1:30 BINGO FOR PRIZE 2:00 HAPPY HOUR 4TH FLOOR 3:30 MEMORY GAMES W/ STAFF 5:00 CREATIVE COLORING 6:00 RESIDENT CHOICE</p> |