

OCTOBER MEMORY CARE CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
<p>9:30 CHAIR YOGA 10:00 Hymes LUNCH 1:30 4:00 MOVIE 6:00 THE OAKS CHURCH SERVICE (A)</p>	<p>9:30 Chair Exercise 10:00 Trivia LUNCH 1:30 edible Crafts 3:00 Music Hour 6:00 MOVIE AND POPCORN</p>	<p>9:30 Morning Stretch 10:00 Balloon Ball LUNCH 1:30 Put Put Golf 3:00 Music Hour 6:00 Sing Along</p>	<p>9:30 Chair Yoga 10:00 Corn Hole LUNCH 1:30 LIBRARY 2:00 Entertainment 6:00 Popcorn and a Movie</p>	<p>9:30 Chair Exercise 10:00 BINGO LUNCH 130 Baking with Rose 300 Music Hour 6:00 Artists corner</p>	<p>9:30 Morning Syretch 10:30 MYSTERY RIDE LUNCH 1:30Bowling 3:00 Music Hour 6:00 Fall Crafting</p>	<p>9:30 CHAIR YOGA 10:00 Reminisce LUNCH 1:00 Basketball 3:00 Music Hour 6:00 RESIDENT CHOICE</p>
3	4	5	6	7	8	9
<p>9:30 CHAIR YOGA 10:00 Table Games LUNCH 3:00 MUSIC 6:00 THE OAKS CHURCH SERVICE (A)</p>	<p>9:30 Chair Exercise 10:00 Word Games LUNCH 1:30 Water color craft 3:00 Music 6:00 Ring Toss</p>	<p>9:30 Morning Stretch 10:00 Balloon Ball LUNCH 1:30 Put Put Golf 3:00 Music Hour 6:00 Chair Travel</p>	<p>9:30 Chair Yoga 10:00 Corn Hole LUNCH 1:30 Painting 3:00 Music Hour 6:00 Table Games</p>	<p>9:30 CHAIR EXCERCISE 10:00 BINGO LUNCH 1:30 ICE CREAM SOCIAL 3:00 Music Hour 6:00 RESIDENT CHOICE</p>	<p>9:30 Morning Stretch 10:30 Mystery Ride LUNCH 1:30 Bowling 3:00 Music 6:00 Chair Travel</p>	<p>9:30 - CHAIR YOGA 10:30 CARDS LUNCH 1:300 BEACH BALL 3:00 Music Hour 6:00 Movie Night</p>
10	11	12	13	14	15	16
17	18	19	20	21	22	23
<p>9:30 CHAIR YOGA 10:00 Puzzle Fun LUNCH 3:00 MUSIC 6:00 THE OAKS CHURCH SERVICE (A)</p>	<p>9:30 Chair Exercise 10:00 Brain Games LUNCH 1:30 Basket Ball 3:00 Music hour 6:00 MOVIE AND POPCORN</p>	<p>9:30 Morning Stretch 10:00 Balloon Ball LUNCH 1:30 Put Put Golf 3:00 Music Hour 6:00 Sing Along</p>	<p>9:30 Chair Yoga 10:00 Corn Hole LUNCH 1:30 LIBRARY 2:00 Entertainment 6:00 Popcorn and a Movie</p>	<p>9:30 Chair Exercise 10:00 BINGO LUNCH 1:30 Baking with Rose 3:00 Music Hour 6:00 Artists Corner</p>	<p>9:30 Morning Stretch 10:30 MYSTERY RIDE LUNCH 1:30Bowling 3:00Music Hour 6:00 Crafting hour</p>	<p>9:30 - CHAIR YOGA 10:00 Reminisce LUNCH 1:30 Basketball 3:00 Music Hour 6:00 RESIDENT CHOICE</p>
24	25	26	27	28	29	30
<p>9:30 CHAIR YOGA 10:00 Table Games LUNCH 3:00 MUSIC</p> <p>9:30 Chair Yoga 10:00 Puzzle Fun LUNCH 3:00 Music Hour</p>	<p>9:30 Chair Exercise 10:00 Word Games LUNCH 1:30 Edible Crafts 3:00Music Hour 6:00 Ring Toss</p>	<p>9:30 MORNING EXERCISE 10:00 Balloon Ball LUNCH 1:30 Put Put Golf 3:00 Music Hour 6:00 Chair Travel</p>	<p>9:30 Chair Yoga 10:00 Corn Hole LUNCH 3:00 Music Hour 6:00 Table Games</p>	<p>9:30 Chair Exercise 10:00 BINGO LUNCH 1:30 Halloween Party 3:00 Music Hour 6:00 Residents Choice</p>	<p>9:30 Morning Stretch 10:30 MYSTERY RIDE LUNCH 1:30Bowling 3:00 Music hour 6:00 Chair Travel</p>	<p>9:30 - CHAIR YOGA 10:00 Beach Ball LUNCH 1:00 CARDS OR BINGO 3:00Music Hour 6:00 Movie Night</p>
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