

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

September 2022

				<p>9:30 Wake and Shake 10:30 Bill leads our reading group 11:00 A cool drink amongst friends 1:30 Roll the dice and say it twice! 2:30 Household chores 4:00 Food channel</p>	<p>9:30 Chair Yoga 10:30 Refresh me! 11:00 Morning reading 1:30 Set up our afternoon activity 2:00 Resident choice; Tic tac toe or Bullseye! 3:00 Sing a long to the 60's 4:00 Leisure people</p>	<p>10:00 Good morning amongst friends 10:30 Stretch and breathe 1:30 Refreshment and chat 2:00 Resident choice movie</p>
<p>10:00 Circle of friends 10:30 Spiritual hymns 11:00 Refreshment 1:30 Leisure people 3:00 Gaither's virtual hour 6:00 Relaxing music</p>	<p>9:30 Stretch and Breathe 10:30 Ceramic creations with Deb 1:30 After lunch Zen 2:00 Moving and Grooving with Diana 4:00 What is the origin of Labor Day?</p> <p>Labor Day</p>	<p>9:30 Chair dance 10:30 Ball toss to music 11:00 A cool drink 1:30 Occupation spotlight 2:30 Bingo hosted by Trish 3:30 Reading group hosted by Bill</p>	<p>9:30 Climb the mountain 10:30 Swim the sea 11:00 Back to campsite 1:30 Resident Committee- Planning our next step in our Fall festival 2:30 Creating invitations 4:00 Relax with oldies music</p>	<p>9:30 Dance moves with Emily 10:00 Sorting it out 1:30 After lunch Basketball 2:00 Artwork for the soul 3:00 What inspires you? 4:00 Food channel</p>	<p>9:30 Morning workout 10:30 Refresh me 11:00 Famous Jazz performers 1:30 Household chores 2:00 The Oaks Jazz Speakeasy! 4:00 Leisure people</p>	<p>9:30 Stretch and breathe 10:30 Trivia teasers 11:00 Refresh me 2:00 Saturday matinee</p>
<p>10:00 Circle of friends 10:30 Spiritual hymns 11:00 Refreshment 1:30 Leisure people 3:00 Gaither's virtual hour 6:00 Relax with friends</p> <p>Grandparents Day</p>	<p>9:30 Shake off the night 10:30 Give a compliment to your neighbor 2:00 On the road again! 3:00 Ice cream social 3:30 Cleanup committee 4:00 Movie choice</p>	<p>9:30 Meeting in the Living room 10:30 Let's get physical 11:00 Refresh me 2:00 Aromatherapy and compassionate touch 3:00 Sing a long 4:00 Classic tv</p>	<p>9:30 After breakfast social and exercise 10:30 Sing a song 11:00 Refresh me 2:00 Sand creations 4:00 Challenging game of Concentration</p>	<p>9:30 Yoga 10:30 Intriguing questions 11:00 Juice bar 2:00 Where have you always wanted to go or go back too? 3:00 Planning our Travel. 4:00 sing a long</p>	<p>9:30 Stretch and Breathe 10:30 Say hello to your neighbor 11:00 Refresh me 2:30 Healthy snack- Together we create healthy smoothies 3:00 Spiritual hour 4:00 Classic tv</p>	<p>10:00 Stretch and move 10:30 Chat amongst friends 2:00 Saturday Matinee</p> <p>Oktoberfest</p>
<p>10:00 Socialites unite 10:30 Spiritual hymns 11:00 Refreshment 1:30 People of leisure 3:00 Gaither's virtual hour 6:00 Relax with friends</p>	<p>9:30 Set up for our art creations 10:15 Artsy people create Ceramic pieces with Deb 1:30 Tell us about your hometown 2:00 Memory game with a twist 4:00 Classic tv</p>	<p>9:30 Moving to the music 10:30 Cool down 1:30 Jokes and riddles 2:00 Writing out our Fall festival invitations 2:30 Finalizing our fall festival planning 4:00 Relax with 60's</p>	<p>9:30 The early bird gets the pick of music 10:30 Name the famous face 1:30 Decorate for our party 2:00 September birthday party with Jammin Jim! 3:30 Clean up committee! 4:00 Relax and watch the food channel</p>	<p>9:30 Fall into a new Season! 10:30 Cinnamon and cider 1:30 Resident's choice on fall decorations for our home 2:30 Fall craft 4:00 Trish shows us how to play solitaire</p> <p>Autumn Begins</p>	<p>9:30 Chair yoga 10:30 Reading group- stories for our soul 1:30 We gather as friends 2:00 Chair travel (from what was decided on the 15th) 3:00 Thoughts and comments about the region.</p>	<p>10:00 Wake and shake 10:30 Meeting of friends 2:00 Saturday Matinee</p>
<p>10:00 Good morning 11:00 Refresh me 2:00 Social people 3:00 Gaither's virtual hour 6:00 Relax with friends</p> <p>Rosh Hashanah Begins</p> <p>Rosh Hashanah Begins</p>	<p>9:30 Morning exercise 10:30 Poetry reading 2:00 Crafty people 3:00 Simple snacks 4:00 Classic tv</p>	<p>9:30 Stretch & Breathe 10:30 Folk songs and folk dance 2:00 A competitive game of bingo 3:00 Bullseye 4:00 Tic tac toe 4:30 Food channel</p>	<p>9:30 Yoga 10:30 Take me out to the ball game! 2:00 Diana entertains us! 3:00 Show us your dance moves (in chair is acceptable!) 4:00 Write a thank you note!</p>	<p>9:30 Morning inspirations amongst friends 10:30 Are you ready for some football? 1:30 Occupation spotlight 2:00 Resident committee- community involvement 4:00 Color my world</p>	<p>9:30 Inspirational movement 10:30 Inspirational quote by George 1:30 Go fish! 2:00 What shall we cook, bake or borrow? 2:30 Roll the dice and say it twice 4:00 Relax with Jazz</p>	<p>Activities are subject to change</p>