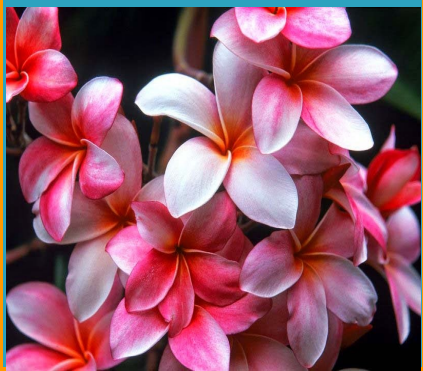


August 2026 3rd FLOOR MEMORY CARE



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
ACTIVITIES ARE SUBJECT TO CHANGE				NATIONAL BANANA DAY 		1 9:30 CHAIR EXERCISES 10:00 COFFE & CHAT 11:00 ARTS & CRAFTS 2:00 REFLECTION CIRCLE 4:00 SET UP FOR DINNER
2/30 9:30 LETS GET FIT 10:30 SNACK AND CHAT 11:00 TV CHURCH SERVICE 2:00 NETFLIX 4:00 SET UP FOR DINNER	3/31 9:00 CHAIR YOGA 10:00 BINGO 11:30 NAIL CARE 2:00 REFLECTION CIRCLE 4:00 SET UP FOR DINNER	4 9:30 MORNING STRETCH 10:30 MUSIC W/ RICK 2:00 THE LETTER GAME 4:00 SET UP FOR DINNER	5 9:30 LETS GET MOVING 10:30 MEMORY GROUP 1:30 JAMMIN JIM MUSIC 4:00 SET UP FOR DINNER	6 9:30 MORNING YOGA 10:15 ARTS AND CRAFTS 1:30 SING ALONG W/STAFF 4:00 SET UP FOR DINNER	7 9.30 MO-TOWN EXCERCISE 10:00 COFFEE CHAT 10:30 CORN HOLE 2:00 HAPPY HOUR 4:00 SET UP FOR DINNER	8 9:30 CHAIR EXERCISES 10:30 DIAN HOFFMAN 2:00 NAIL CARE 4:00 SET UP FOR DINNER
9 9:30 LETS GET FIT 10:30 SNACK AND CHAT 11:00 TV CHURCH SERVICE 2:00 NETFLIX 4:00 SET UP FOR DINNER	10 9:00 CHAIR YOGA 11:00 ARTS AND CRAFTS 2:00 BINGO 4:00 SET UP FOR DINNER	11 9:30 MORNING STRETCH 10:30 MUSIC WITH RICK 2:00 CORN HOLE 4:00 SET UP FOR DINNER	12 9:30 LETS GET MOVING 10:30 THE LETTER GAME 1:30 JAMMIN JIM MUSIC/ ICE CREAM SOCIAL 4:00 SET UP FOR DINNER	13 9.30 MORNING YOGA 10:15 READING W/RAYELL 2:00 THE PRICE IS RIGHT 4:00 SET UP FOR DINNER	14 9.30 MO-TOWN EXCERCISE 10:00 BAKING 1:30 BOWLING 4:00 SET UP FOR DINNER	15 9:30 CHAIR EXCERCISES 10:30 COFFEE & CHAT 2:00 ARTS & CRAFTS 4:SET UP FOR DINNER
16 9:30 LETS GET FIT 10:30 SNACK AND CHAT 11:00 TV CHURCH SERVICE 2:00 NETFLIX 4:00 SET UP FOR DINNER	17 9:30 CHAIR YOGA 10:30 CORN HOLE 11:00 NAIL CARE 2:00 THE PRICE IS RIGHT 4:00 SET UP FOR DINNER	18 9:30 MORNING STRETCH 10:30 MUSIC WITH RICK 2:00 BALLOON VOLLEY BALL 4:00 SET UP FOR DINNER	19 9:30 LETS GET MOVING 10:00 BOWLING 1:30 JAMMIN JIM MUSIC 4:00 SET UP FOR DINNER	20 9:30 MORNING YOGA 10:00 BINGO 1:30 ARTS & CRAFTS 4:00 SET UP FOR DINNER	21 9.30 MO-TOWN EXCERCISE 10:00 ARTS & CRAFTS 2:00 HAPPY HOUR 4:00 SET UP FOR DINNEER	22 9:30 CHAIR EXERCISES 10:30 COFFEE & CHAT 2:00 BINGO 4:00 SET UP FOR DINNER
23 9:30 LETS GET FIT 10:30 SNACK AND CHAT 11:00 TV CHURCH SERVICE 2:00 NETFLIX 4:00 SET UP FOR DINNER	24 9:00 CHAIR YOGA 10:00 BINGO 2:00 MUSIC W/ STAFF 4:00 SET UP FOR DINNER	25 9:30 MORNING STRETCH 10:30 MUSIC W/ RICK 2:00 THE LETTER GAME 4:00 SET UP FOR DINNER	26 9:30 LETS GET MOVING 10:00 ARTS & CRAFTS 1:30 JAMMIN JIM MUSIC ICE CREAM SOCIAL 4:00 SET UP FOR DINNER	27 9:30 MORNING YOGA 10:00 READING W/RAYEL 1:30 CORN HOLE 4:00 SET UP FOR DINNER	28 9.30 MO-TOWN EXCERCISE 10:00 SING ALONG W/ STAFF 2:00 NAIL CARE 4:00 SET UP FOR DINNEER	29 9:30 CHAIR EXCERCISES 10:30 COFFEE & CHAT 2:00 ARTS & CRAFTS 4:SET UP FOR DINNER